

Did You Know 1.4.21

I keep hearing Elton John singing, “Looks Like We Made It”, when I think about 2021!! Wahoo!! Let’s pack it up and move on!

1. The week of Christmas, the agency released it’s December podcast which is all about HEALTH!!!! That’s right—it’s you and what you do!

CareerTech Horizon

Episode 10: “Showing You Care” is now **LIVE!** Listen on your favorite podcasting app or on our website. <https://www.cthorizon.org/2020/12/17/episode-10-showing-you-care-season-finale/>

Episode 10: “Showing You Care” is now **LIVE!** Listen on your favorite podcasting app or [on our website!](#)

You won’t want to miss the **season finale** of CareerTech Horizon!

2020 has been called a lot of things, and most of them aren’t very nice. But at least one positive situation has emerged from this challenging year – a profound appreciation of our frontline health care workers.

As COVID-19 fills hospitals with critically ill patients, nursing homes battle the virus among its patients and staff, and front line nurses give countless COVID tests and now...*vaccines*...now, more than ever, Oklahomans rely owe a debt of gratitude to workers in the health care industry, and those who train health care workers.

In this episode:

- We talk about the worldwide **nursing shortage** and its effect on Oklahoma’s health care system.
- Connie Romans tells us about a **generous gift from a CareerTech grad** that’s benefitting health care educators and students across the state.
- We hear about some of the **challenges of training students** for health careers – in the middle of a **pandemic**.
- We’re reminded that men and women can follow whatever career path they choose...especially in health care!

You can subscribe to our podcast on Apple, Spotify, Google, TuneIn, Stitcher, or ask your smart speaker to “Play CareerTech Horizon.”

Also, don’t forget to follow us on Twitter [@CT_Horizon](#), or [on Facebook](#) to stay up to date with this ongoing project. Visit our website for show notes, episode trailers, and bonus content “Beyond Your Horizon” at <http://cthorizon.org>

This is another one of those “Primer Episodes.” It really is a top-down view of CareerTech’s nursing programs, and how they function even at an unusual time like this. So, this episode is perfect for anyone wondering about our healthcare program, be they a prospective student, teacher, or lawmaker.

2. Hospital Technology to be used in Schools—Very interesting story on school safety: [Meteor Education Offers Medical-Grade Pathogen Reduction Technology for Schools \(eschoolnews.com\)](https://www.eschoolnews.com)

3. Helpful Tutorials to Make the Best of Zoom for Educators! [Helpful Video Tutorials to Make The Best of Zoom in Your Instruction | Educational Technology and Mobile Learning \(educatorstechnology.com\)](#)
4. COVID-19 can be scary—but what is worse is what we DON'T know about its long term effects. “Between 10 percent and 88 percent of Covid-19 patients will experience at least one symptom for many weeks or months. Some of these can be life-altering; one study found that 50 percent of non-ICU patients reported a significant change to their cognitive functioning.” So where does that leave us for the millions of affected people? What kind of drain will this make over the long term as far as healthcare resources are concerned? [Long-term Covid-19 effects: The many strange symptoms, explained - Vox](#)
5. The year of the Ed Tech Paradox—2020. Based on a survey of over 500 schools and district leaders responsible for making edtech adoption decisions, [half admitted that research and evidence plays no role in their decision-making](#). Yikes!!! I know last year we had to make quick decisions, but it sounds like many schools still choose the easiest tool to use rather than the tool that makes the most sense for the most students. One thing that digital learning has emphasized is [The divide in access to digital tools](#), systemic [racial gaps and biases](#), increased [learning and opportunity disparities](#) and [rising poverty](#) have all affected learners from under-privileged backgrounds. [2020: The Year Of the Edtech Paradox | EdSurge News](#)
6. Good news for those of us who like to SLEEP!! [How COVID-19 Changes Our Sleep - The Atlantic](#)
7. Tired of reading? Me too! Listen to this podcast by EdSurge highlighting that “Forgetting is a Feature, Not a Bug: How the Brain ‘Grasps’ New Concepts” and how as teachers we can work against the forgetting! [Forgetting Is a Feature, Not a Bug: How the Brain ‘Grasps’ New Concepts | EdSurge News](#)
8. Your help is needed! If you can help a fellow student out, complete this survey on COVID-19 Testing and Vaccines! [Staff Perspectives on COVID-19 Testing and Vaccines \(qualtrics.com\)](#)

I've missed you all—I'm glad to be back! Please take some time to read through (and listen to the podcast) the links above—Take care and I'm soooo glad you're back!

Sincerely,
Lara Morris
State Program Manager | Health Careers Education